



Po Leung Kuk Jockey Club Pak Tam Chung Holiday Camp

【 Residential Camp 】

9 / 2020

Time	Check-in day		Time	Subsequent day		Time	Check-out day
3:15 p.m.	Registration		8:00 – 8:30 a.m.	Breakfast		8:00 – 8:30 a.m.	Breakfast
3:15 - 4:00	Briefing		9:00 – 12:00	Recreational programmes		9:00 - 12:00	Recreational programmes
4:00 - 5:00	Recreational programmes (Saturday or the day following is a public holiday, programmes until 5 : 30)		1:00 – 1:30	Lunch			
			4:00 – 5:00	Recreational programmes		12:30 – 1:00	Check out
6:00 - 6:30	Dinner	Sporting activities or Club house activities (Remark : 7)	6:00 – 6:30	Dinner	Sporting activities or Club house activities (Remark : 7)		
7:00 – 10:00	BBQ		7:00 – 10:00	BBQ		1:00 – 1:30	Lunch (please bring your belongings to the canteen)
10:00 – 10:15	Dessert		10:00 – 10:15	Dessert			
11:00 p.m.	Light out		11:00 p.m.	Light out		1:45 p.m.	Leaving

Remarks :

1. Recreational Programmes : trampolining, archery, children rope course, roller skating, cycling, wall climbing, American pool, orienteering, tour to Sheung Yiu Museum, all being conducted and supervised by qualified instructors. Canoeing and Paddle boating players should have basic swimming skills. For safety measure, they should put on life jacket and canvas shoes. Floor curling, knotting, gate-ball and lawn bowl are also suitable for elderly and disabled .(The above programmes arrangement are depended on number of campers, weather or tidal conditions by the camp)
2. Swimming pool opens from May to October. All participants must wear swimming costume, suntan oil or lotion is not allowed when swimming. Chasing around, diving and snorkeling are prohibited in the swimming pool. Adult must accompany children under 12 years and body height below 1.1 m.
3. Environmental Education Programmes: Eco-canoeing, Geo-conservation Feildtrip, Marine Gallery, Mangrove Adventure, Pak Tam Chung Tree Walk, Renewable Energy Field Study, Ecology Explore and Little Creator. **Website: <http://plkptc.wishlatte.net>**
4. Adventure Based Training: Challenge Rope Course Programmes and Adventure Training Programmes.
(Please call the Camp Office at least 14 days in advance for training arrangement)
5. Additional charge activities : except video games centre, air hockey, art & craft, other as participants should be aged 18 or over when booking snooker, mahjong, karaoke, golf putting green, fishing, miniboats and electric cars.
6. Others: table tennis, badminton, basketball, football, chinese billiard and chess can be borrowed in the camp with no charge.
7. Function Rooms, meeting room, lecture room, multi-purpose hall, amphitheatre and other special area.
8. Meal : Please contact us for more information.
9. Barbecue should not finish later than 10:30p.m.
10. Bring your own cleaning accessories and mind your personal belongings.

The camp reserves all rights on any activity /meal arrangement

The Headquarter Booking Office : (Tel) 852-2277 8678 The Camp Office : (Tel) 852-2792 4302 or (Fax) 852-2792 0917 Website : www.poleungkuk.org.hk/camp.html